

The Glendale Women's Cafe Project SCIO SC04774

423 Shields Road, Pollokshields, Glasgow G41 4NY

The Glendale Women's Cafe Project is a new charity (registered September 2017) established for the benefit of local women in Pollokshields. We create a regular welcoming safe space for women to meet each other and build friendships, skills and confidence. We link local women to other services and encourage engagement and participation in our local community and wider society.

We operate for one day a week during the school term providing social, learning and creative opportunities. We deliver many of our offers through partnerships with other local community groups, charities and 3rd sector organisations. We respond to what local women tell us they would like, offering a different range of workshops, talks and activities each week.

Over the year we ran the Cafe on 38 days and 1 night, engaging with 164 different local women from Pollokshields.

Through bringing women of our ethnically diverse neighbourhood together, we hope to nurture positive relationships and understanding, creating a more engaged and cohesive neighbourhood for everyone.

A little bit about our history....

The project really began in 2012 when members of the Glendale Primary Parent Council set up a monthly meeting for women of the school community to come together and establish stronger community relations. In 2014 we were funded to deliver a 4 week daily programme of events in a port-a-cabin situated on derelict ground in Pollokshields. It was after this initiative that local women decided they wanted to continue to meet regularly, and Southside Housing Association offered us a property to rent on a weekly basis. This base at 423 Shields Road allowed us to develop our idea further. With support from The People's Health Trust, we went from having a solely volunteer staff, to paying a Project Coordinator and more recently a Cafe Manager. Having these 2 workers has made our project more sustainable and our volunteers more organised.

Our name reflects our location and our origins but we aim to engage with all women in our neighbourhood. The term "Cafe" reflects the relaxed and open nature of the space - but all our activities, including the tea, cake and soup are free!

Highlights of our 2017/2018 year:

Launched our first website <https://glendalewomenscafe.org.uk> !

The Glendale Women's Cafe

The screenshot shows the homepage of the Glendale Women's Cafe website. At the top, there is a green navigation bar with links for 'Welcome', 'Visit', 'Contact Us', 'About', 'Events', and 'Gallery'. The main content area is divided into several sections:

- Welcome:** A yellow section with a dashed green border. It contains a welcome message: "Welcome! We are a charity in Pollokshields that offer a warm and welcoming place for all women in our community to come together, learn new skills, get involved in what is happening locally, relax with a cup of tea, get information and meet friends!". Below the text are three small images: hands working on a craft project, hands pouring liquid into a container, and a person cooking in a large pot over a fire.
- Join Us!:** A yellow section with a blue arrow icon. It says "Check out our next events".
- Next Events:** A blue section with a dashed yellow border. It lists two events: "Annual General Meeting - All Welcome!" on 19 June 2018 @ 9:30 am - 11:00 am, and "Summer Picnic" on 19 June 2018 @ 12:00 pm - 3:00 pm. There is a link for "View All Events".
- Donate:** A blue section with a dashed black border. It says "Help us keep the Glendale Women's Cafe thriving!" and includes a red button for "Donate with PayPal".
- Facebook:** A blue section with a dashed yellow border and a Facebook icon.
- Listen to some of the languages represented in our cafe:** A yellow section with a dashed red border, featuring a row of small images representing different languages.

We attracted 70 women to our evening event 'Women of Pollokshields - Celebrate!'



Awarded charity status in September - the Glendale Women's Cafe Project (SCIO)!



Summary of our year's achievements

Over the year we delivered the following sessions from our rented base at 423 Shields Road. We advertised all events on our Facebook page (over 500 likes!), distributed flyers through local primary schools and put up posters around Pollokshields.

- 5 **Conversation** Cafe sessions delivered through partnership with Clyde College (Linda)
- 20 **ESOL** classes delivered through partnership with Clyde College (Sophie)
- 11 **massage** therapy sessions delivered by Mary from Star Therapies
- 11 **sewing** sessions delivered by Kusar
- 9 days of learn to **cycle** sessions delivered by Eilidh from Bike for Good Community Hub
- 6 make your own **jewellery** sessions delivered by Cafe Project volunteers
- 5 wellness workshops focusing on **confidence and self-esteem**, delivered by Kirsteen from Glasgow Council on Alcohol
- 1 **Education awareness** for parents workshop with YCSA
- 4 **outdoor cooking** sessions with Kerri from Urban Roots in the Shields Garden
- 1 Next **Bike** sign up session
- 1 **Stencilling** workshop with Elizabeth from Lansdowne School of Stencils
- 1 Home Energy Scotland - switch in the city **information** session

- 2 Pester & Rossi **art** workshops as part of Glasgow International Festival of Visual Art 2018
- 1 Health and Social Care Partnership workshop
- 2 Pardesi **art** project visits
- 1 **tour** of Scotland Street School Museum
- 1 CEMVO visit
- 1 Glasgow Women's Library **cultural attire workshop**, then participation in fashion show linked to celebrations for International Women's Day 2018
- 1 Travelling Gallery / Glasgow Women's Library **exhibition visit** and 2 associated **art** workshops around Lauren Printy Currie's exhibition
- 3 **poetry** workshops with Kate e Deeming
- 8 **Mhendi art** workshops with Khansa
- 2 **Soup-in-the-Loop** information lunches. One was a hustling event with local city council candidates, the other was with Kerri from Urban Roots, Eilidh from Bike for Good and Matt from Dress for the Weather who was talking about local housing developments.
- 'Her Spirit Soared' **performance** at Tramway - members of the Cafewer part of scripting and performing on stage as part of 16 Days of Action Against Gender Based Violence <https://womenslibrary.org.uk/event/her-spirit-soared/>
- 10 women received **first aid certificates** through training provided by our HSCP
- 70 local women attended our evening **celebration event** 'Women of Pollokshields - Celebrate!' in Pollokshields Burgh Halls The purpose was to mark our development into a charity, celebrate what we do in the Cafe, thank those that have been part of our journey so far, and share with those that don't know us yet that we are here and available and welcoming to all visitors. We worked with local artist and performer Kate E Deeming to develop a performative element. The event was supported by workshops delivered by our art workshop leader, Khansa. The evening included poetry in Urdu and English, dance, a meal and a fashion show.

Governance

Our trustees held 4 meeting over the year which were advertised through our facebook page. After achieving charitable status, 7 trustees and 2 workers attended a **bespoke training day** about the roles and responsibilities of running a charity.

Our current trustees are:

Kishwar Siddiq

Cathy Wilkes - secretary

Farida Fadhil

Pip Ryan - treasurer

Josephine King - chair

Sarah Reid

Syma Ahmed - partner from The Glasgow Women's Library

Mariam Ahmed - partner from The Daisy Project

Attiya Ahmed
Elif Polat

5 trustees attended 'Over to You - Big Voting Event' local participatory budgeting event, successfully attracted £940 funding.

Trustees and workers attended Glasgow Culture Summit at City Chambers.

Our Project Coordinator joined Robertson Trust's Women's networking group and has attended four sessions.

Workers: Parveen Mahmood is our weekly Cafe Manager and Nicola Godsall is our Project Coordinator.

We also collected and raised funds for other charities. This year we collected £135 for Helping Hands in response to the Rohingya crisis and £359 for the Simon Community's Period Friendly Point Initiative.

In the 2018 / 2019 year we hope to reach even more women in the community. We will continue to respond to local needs and fundraise to support our programme of weekly offers. We would like to further develop our volunteer base with better training and acknowledgement.



The Glendale Women's Cafe
presents



United Women Of Pollokshields – A Celebration !

Thursday 15th March 6 – 9pm (food served 6:30)

Pollokshields Burgh Hall, Maxwell Park, 70 Glencairn Drive

Tickets available from The Glendale Women's Cafe , 423 Shields Road on Tuesdays
for a £1 donation to charity (The Simon Community Period Friendly Point initiative)



All women
welcome to join in
an evening of food
and friendship
featuring the artwork
of Khansa Aslam
and a collaborative
performance from
local artist
Kate E Deeming
involving design,
poetry and a little bit
of groove !

Graphic Design by Bertrand Mougel



/GlendaleSchoolWomensCafe

Funding from the South Gender Based Violence Implementation Group