The Glendale Women's Café Project

Report and Financial Statements

For the Year Ended 1 April 2024

# The Glendale Women's Cafe









## Contents

	Page
Reference and Administration Details	3
Trustees' Annual Report	4-9
Independent Examiner's Report	10
Receipts and Payments Account	11
Statement of Balances	12
Notes to the Accounts	13 - 16

#### **Reference and Administration Details**

Charity Name The Glendale Women's Café Project

Charity Number SC047774

Principal Address c/o SEIN Offices

539 Victoria Road

Glasgow G42 9BH

Trustees Cathy Wilkes Chair

Monazza Shakoor Treasurer (Appointed October 2023)
Debbie Jackson Secretary (Appointed October 2023)

Mussarat Ahmad (Appointed October 2023)
Syma Ahmed (Resigned October 2023)
Jessica Steele (Resigned June 2023)
Elif Polat (Resigned October 2023)

Kishwar Siddiq Muna Sultan

**Bankers** Co-operative Bank

PO Box 250 Delf House Skelmersdale WN8 6WT

**Independent Examiner** David Nicholls FCCA

**Brett Nicholls Associates** 

Herbert House 24 Herbert Street

Glasgow G20 6NB

#### **Trustees' Annual Report**

The trustees present their Report and Accounts for the Year Ended 1 April 2024

#### **Chair's Report**

As Chairperson of Glendale Women's Café Board of Trustees I am glad to introduce our Annual Report for April 2023 to March 2024. The Board has been lucky to welcome new members this year - Debbie, Mussarat and Monazza. We have taken part in Board Training which was a wonderful and optimistic experience after the many challenges the café faced during and after the Covid Epidemic. These discussions brought about a shared vision for the future which is detailed in our new Strategic Framework. Our Ten-Year Celebrations which had been postponed since 2022 were able to take place this year with a great event at Glasgow Women's Library and a brilliant Women's Social Evening hosted at Sherbrooke Parish Church. The many activities and visits detailed in the report run alongside the constant caring and supportive presence of the café – Godsal, Parveen and Khansa make this possible every week at 423 Shields Road. The War in Gaza has affected women using the Café and our wider community. Our letter to The First Minister was an important expression of our deep concern and we call for an immediate ceasefire – the war continues almost a year later.

## Structure, Governance and Management

#### Governing Document

The Glendale Women's Café project was established in 2012 and initially operated as an informal unincorporated society, until 25 September 2017, at which point it was registered with the Office of the Scottish Charity Regulator as a Scottish Charitable Incorporated Organisation (SCIO).

The Charity is governed by its constitution.

## Trustee and Management Recruitment and Training

The board agreed to increase annual meetings from 4 to 6 per year. There were changes in office during the year with the Chair and Treasurer both stepping down. The Board identified a want to focus on skills development for the current board. The board also want to attract new board members with a range of skills and interests to support the Cafe's development, and a focus on local women who represent the cafe's audience. Funding was awarded through Rosa to carry out staged board development and training sessions, and this will take place alongside board recruitment.

#### Key Management Remuneration

The charity is managed on a day to day basis by the trustees, who are volunteers. No salary or renumeration was paid to the trustees for management of the charity.

#### **Objectives and Activities**

#### Charitable purposes

The Glendale Women's Cafe Project is for the benefit of women in Pollokshields. We aim to advance citizenship and community development in Pollokshields and create a cohesive community. We do this through providing women with information, opportunities for personal development and engagement with wider society.





#### **Eid Card making**

#### Significant Activities

The cafe is open 38 weeks per year, in line with the school year (closed when schools have winter, spring, and summer breaks). We continued to be open on our core delivery day of Tuesday and have also added Wednesday mornings for a wellbeing 10 week session that started in Summer 2022 and ran into Autumn 2022. After the wellbeing series it was decided to continue the trial of continued opening on a Wednesday morning and following a discussion and survey of attendees to find out about experiences and requirements, it was decided to have fewer scheduled activities on a Wednesday and keep it a 'quieter drop in and chat' session.

With funding from Warm Spaces, facilitated through Southside Housing Association, we were able to extend the Wednesday sessions until 3pm, to the end of 2022. Due to the success of the 2-day opening, we have continued to deliver 2 sessions per week, Tuesdays and Wednesday 10am to 3pm. This has an effect on staff time and funding where we are doubling costs but we hope to continue with this successful and needed facility for the women of Pollokshields.



People's Palace - Summer 2023 -









#### **Trustees' Annual Report**

#### **Achievements and Performance**

#### Charitable Activities

In February 2024 we visited V&A Dundee, taking 2 tours of the inside and outside of the building, and enjoying the temporary exhibition of the Dundee Tapestry that tells the story of Dundee through a series of community made embroidered panels. After the visit there was a series of craft and creative writing workshops for the women to share their experiences and learnings through different creative outputs. The visit and workshops were made possible through funding from Winter Impact Fund.





Following a visit to the Eric Watt photography exhibition at Kelvingrove during early 2023 photographer Robin Mitchell led a group of women for 5 weeks of sessions learning photography skills to document the local neighbourhood. We held an exhibition in the cafe at the end of June, attended by cafe visitors, the photographers, as well as local organisations and partners. During July 2023 The Boiler House at The Hidden Gardens displayed the photography panels. We are delighted that Glasgow Museums have selected some of the images to add to their collection, and the women have spent time learning and signing off copyright transfers and usage permissions.

In November 2023 Project Coordinator recorded a podcast interview about the Cafe with Funder Women's Fund for Scotland. This 23 minute episode is available to listen to on the GWC website, and is a good introduction who we are and what we do.

On 1st March 2024 Project Coordinator Godsal and Cafe Manager Parveen made a presentation at CEMVO's 21st Anniversary event at Grand Central Hotel Glasgow, to highlight the vital partnership budgeting and money awareness workshops (group and 1-1) that have been delivered to the women by their Finance Officer Helen over the last couple of years.

## **Café Activities**

## In the Cafe

- •Seated Yoga series with Wee Retreat tutor
- •Group and Individual Sessions on Budgeting / money matters with Helen from CEMVO
- •Heritage photography workshops and exhibition through Kelvingrove & Glasgow Museums
- Massage sessions with Mary and Marion
- •Regular crafting workshops with Khansa
- •Menopause and mental health session
- •Shiatsu series with Corrinna from The Deep End
- •Lubna Kerr facilitated discussion
- Amina employability sessions
- •Consultation session with Amina for their in-law abuse report Never Allowed



Stitching workshops inspired by the visit to the V&A museum





## **Trustees' Annual Report**

## **Achievements and Performance**

#### Out of the Cafe

- •Wednesday local walks led by Zubaidah
- •Govanhill Baths Deep End recording oral history and editing oral history, and doll making
- •Kelvinhall Museums Store tour
- •Kelvinhall Scottish Screen tour
- Willow Tea Rooms, Sauchiehall Street tour
- ●V&A Dundee all day visit with 30 women
- Visits to opening and exhibition for Anam Ki Almari by Aqsa Arif artist in residence at Kelvingrove





Visitor feedback

## **Financial Review**

## Reserves Policy

The trustees' policy is to maintain reserves at around £12,057 based on three months of normal running costs to meet commitments and to cover any unexpected expenditure if the organisation was to cease operating. Reserves at the end of the year were £15,255 of which £5,008 are unrestricted. The trustees are therefore satisfied that this policy is being met as there is a surplus of £3,198.

## Financial Review

The charity generated a net deficit of £15,083 for the year ended 1 April 2024 (2023: £15,232). At 1 April 2024 reserves stood at £15,255 (2023: £30,374) with £5,008 being unrestricted (2023: £9,243).

The trustees declare that they have approved the report above.

Signed on behalf of the charity's trustees:

Monazza Shakoor

Date: 12.11.2024

Cathy Wilkes

Date: 12.11.2024

## **Independent Examiner's Report**

Report to the trustees/members of The Glendale Women's Café Project

Registered charity number SC047774

Accounts of the charity for the period 2 April 2023 - 1 April 2024

11-16 Set out on pages

## Respective responsibilities of trustees and examiner:

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

## Basis of Independent Examiner's statement:

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

## **Independent Examiner's statement:**

In the course of my examination, no matter has come to my attention:

- 1. Which gives me reasonable cause to believe that in any material respect the requirements to:
- keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

Date: 15 November 2024

have not been met, or

2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**David Nicholls FCCA** 

Fellow of the Association of Chartered Certified Accountants

**Brett Nicholls Associates** 

Herbert House, 24 Herbert Street, Glasgow, G20 6NB

# **Receipts and Payments Account**

Descipte	Makas	Unrestricted Funds	Restricted Funds	Total Funds	2023 Total
Receipts	Notes	£	£	£	£
Donations	3	623	-	623	1,068
Grants	4	150	32,197	32,347	43,475
Other	5	175	-	175	142
		948	32,197	33,145	44,685
Payments					<del>.</del>
Charitable Activities Costs	6	5,393	42,835	48,228	29,489
Net Receipts/-Payments		(4,445)	(10,638)	(15,083)	15,196
Transfers Between Funds		246	(246)	-	-
Net Surplus/-Deficit for the Year		(4,199)	(10,884)	(15,083)	15,196
Funds Brought Forward		9,207	21,131	30,338	15,142
Funds Carried Forward	8	£5,008	£10,247	£15,255	£30,338

All income and expenditure derive from continuing activities in both years.

The notes on pages 13 to 16 form an integral part of these accounts.

## **Statement of Balances**

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2023 Total £
Opening Cash and Bank Balances	9,207	21,131	30,338	15,142
Surplus/-Deficit for the year	(4,199)	(10,884)	(15,083)	15,196
Closing Cash and Bank Balances	£5,008	£10,247	£15,255	£30,338

Signed on behalf of the trustees:

Monessa Fraka

Monazza Shakoor

Date: 12 · 11 · 2024

Cathy Wilkes

Date: 12.11.2024

## 1. General Information

The Glendale Women's Cafe Project ("the charity") is a SCIO (Scottish Charitable Incorporated Organisation) governed by its constitution. It was registered as a charity in Scotland (registered number SC047774) on 25 September 2017. Its registered address is c/o SEIN, 539 Victoria Road, Langside Lane, Glasgow, G42 8BH.

## 2. Basis of Preparation

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

3. Donations	Unrestricted	Restricted	Total	2023
	Funds	Funds	Funds	Total
	£	£	£	£
Individual Donations	623	-	623	1,068
4. Grants	Unrestricted	Restricted	Total	2023
	Funds	Funds	Funds	Total
	£	£	£	£
CCG Scotland Ltd			-	3,000
Culture & Sport	150		150	-
Glasgow Winter Social Wellbeing		3,177	3,177	
Forestry Commission			-	250
Foundation Scotland			-	5,000
GCVS Wellbeing		10,000	10,000	19,800
Museums Galleries Scotland			-	4,000
Rosa - Cost of Living		8,650	8,650	
Rosa - RISE		9,370	9,370	9,425
Scottish Civic Trust			-	500
SHA Community Connections			-	500
Sustain Pollokshields		1,000	1,000	
Toby Webster Ltd				1,000
	150	32,197	32,347	43,475
5. Other Income	Unrestricted	Restricted	Total	2023
	Funds	Funds	Funds	Total
	£	£	£	£
Ticket Sales	175		175_	142

6. Charitable Activities Costs	Unrestricted	Restricted	Total	2023
	Funds	Funds	Funds	Total
	£	£	£	£
Accountancy - IE Fee	660		660	600
Accountancy - Support Fees	420	1,680	2,100	420
Bank Charges	7		7	10
Catering		6,871	6,871	2,637
Equipment	97		97	-
Events & workshops		1,801	1,801	620
Fundraising	205	4,600	4,805	
General			-	115
Insurance	20	300	320	308
Marketing	737		737	300
Memberships	40		40	
MGS Year of Stories		85	85	3,636
Organisation Development			-	3,500
Programme - 10 year celebration	808		808	
Programme - Creative crafts		2,088	2,088	
Programme - Massage		3,810	3,810	
Programme - Walk sessions		314	314	
Rent		4,000	4,000	
Software and IT	190		190	220
Staff costs - fees for services	2,138	17,012	19,150	
Support Costs - Contracted			-	14,055
Telephone	71		71	72
Therapies			-	2,728
Travel		274	274	268
	5,393	42,835	48,228	29,489

## 7. Related Party Transactions

No trustee received renumeration or expenses in the year (2023: Nil)

There were no related party transactions during the year (2023: Nil).

8. Funds Analysis	Opening Balance	Danainta	Davisanata	Turnsform	Closing Balance
Unrestricted	1 April 23	Receipts	Payments	Transfers	March 2024
General	9,207	948	5,393	246	5,008_
Restricted					
Rosa - RISE	5,800	9,370	15,170		-
GCVS Wellbeing	10,000	10,000	9,753		10,247
Rosa - Women Thrive Fund					-
Forestry Commission	-				-
Foundation Scotland	5,000		5,000		-
Museums Galleries Scotland	331		85	(246)	-
Glasgow Winter Wellbeing		3,177	3,177		-
Rosa - Cost of Living		8,650	8,650		-
Sustain Pollokshields		1,000	1,000		<u>-</u> _
	21,131	32,197	42,835	(246	) 10,247
Grand Total	30,338	33,145	48,228	-	15,255

## **Purposes of Funds**

General Fund There is one unrestricted fund, the General Fund for day-to-day running

of the charity.

Rosa - Women Thrive Fund - funding received towards the cost of the café manager and project coordinator fees

Rosa - RISE - 2 year fund to support staff and running costs, including fundraising activities

GCVS Wellbeing - creative and wellbeing sessions including regular massage sessions, and provision of

weekly healthy food.

Forestry Commission - contribution to provide food and travel for attendance at World Peace day celebrations

in Glasgow's North Kelvin Meadow

Foundation Scotland - creative crafts, massage and self soothing, walks, food

Museums Galleries Scotland - Year of Stories, 'women of Pollokshields' story gathering and storytelling around objects

of importance. In partnership with Glasgow Women's Library.

Glasgow Winter Wellbeing - funding received towards the cost of the café manager and project coordinator fees